



Stichting Shide Children Home Dharan
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Beste Donateur/ belangstellende

Hierbij onze nieuwsbrief, opgesteld door de project manager Ash kumar Mandal.

We informeren u over de criteria voor plaatsing in het kinderkuis.

U krijgt een overzicht van het aantal kinderen, de leeftijd en de school die zij bezoeken.

U krijgt een beeld van het dagelijks leven. Verder komen gezondheid en voeding aan bod.

De plaatsingscriteria worden genoemd en hoe we vaststellen dat er echt geen opvang is bij bv familie.

We noemen de tieners die zich moeten voorbereiden op zelfstandigheid buiten het kinderkuis. 18 plussers zullen niet kunnen blijven in het kinderkuis maar moeten wel hun opleiding kunnen afmaken. De Stichting wil hen helpen daarbij en we doen een beroep op de donateurs om dit mogelijk te maken.

Voor de oudere meisjes word een nieuwe kamer gebouwd op het dak terras.

De tiener jongens verblijven op de begane grond direct onder toezicht van de manager.

Duhabi Children Home heeft de registratie verlengd bij de Social Welfare Council en krijgt hulp van o.a de Municipality en de Child Care Board.

Wij hopen opnieuw op Uw steun:

Namens het bestuur een vrolijk Pasen!

Henk Hooghuis



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The project-An Overview

Duhabi Children Home has been operating since 2004 A.D. with the support of SSCHD (Stichting Shide Children Home Netherlands) in Nepal. For the past 19 years, Stichting has been major donor organization. The sponsoring has been formalized in an agreement. Currently, Duhabi Children Home has the responsibility for 25 children and is expecting three more orphan children in Year 2023. The home caters for all basic needs to grow up in an affectionate, caring and safe environment. To support the children there are 2-caregivers, 1 cook, 2-part time tutors, 1-part time dance teacher, computer teacher and a full-time project manager. However, the home still needs a guard/handy man to join us!

Mission

The primary mission of the project is to provide orphaned and helpless children, with a home, love, happiness and the highest possible level of education.

*An orphan is defined by UNICEF as: any child under the age of 18 who has lost one or both parents.

Objectives:

1. To provide a safe, Caring and loving environment for orphans aged 3 to 18.
2. Where possible relate with remaining relatives and eventually unite with them.
3. To provide various opportunities creating the environment where orphan children can safely build op a social network, play, have hobbies and study.
4. To protect child rights
5. All who are staff/ board members have signed a code of conduct.

Assistant Mother

Prinkaya Singh (23) is working as an Assistant mother at DH. She can cook, look after the children and do a good job at home. She is SLC (Highschool) graduate with good sense of humor and help the (younger) children at night to read and write before going to bed. Her main job is to take the small children to school in the morning and bring them back to home after school.



Deepa (21) is Working as an Assistant mother, she helps kitchen mother in cooking, cutting the vegetables, cleaning the dishes and specially takes care of younger children. Together with Prinkaya Deepa takes small children to school in the morning time and bring back them to home after the school ends.

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Children's Details

Name	Parental Situation	gender	Class	School
Toyaj	No parents	M	11	Mahendra memorial Academy
Deepa	No parents	F	Working as Asst. Mother	Completed Class 10
Anoj	No parents	M	10	Mount Manasalu
Anju	No parents	F	10	Mahendra Memorial Academy
Siwani	No parents	F	5	Duhabi Children Academy
Urmila	No parents	F	6	Duhabi Adarsha
Ritan	No parents	M	5	Meghanand international Academy
Ram	No parents	M	1	Vidya Sanskar
Laxman	No parents	M	1	Vidya Sanskar
Dewika	No parents	F	UKG	Duhabi Children Academy
Amrit	No parents	M	LKG	Meghanand International Academy
Amrita	No parents	F	Nursery	Meghanand International Academy
Jitendra	No parents	M	3	Gokul Kidzee
Surya	No parents	M	3	Gokul Kidzee
Kailash	No parents	M	2	Gokul Kidzee
Balen	Father alive	M	Nursery	Mount Manasalu
Binisha	No parents	F	Nursery	Dinesh Smriti Academy
Saurabh	No parents	M	Nursery	Dinesh Smriti Academy
Karan	Mother alive	M	LKG	Little Flower School
Karuna	Mother alive	F	UKG	Little Flower School
Shristy	No parents	F	2	Mahendra Memorial Academy
Bijay	No parents	M	UKG	Mahendra Memorial Academy
Khushi	No parents	F	2	Meghanand International

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				Academy
Pratima	No parents	F		Meghanand International Academy
Shalu	No parents	F	UKG	Little flower School

The detail of the children as per their age and status is as follows.

S. No	Particulars	0-5 Years	6-10 years	11-20 years	Boys	Girls	Total
1	Without both parents	6	4	13	12	11	23
2	With single parent		3		2	1	3
3	Abandoned by Parents						
4	With both parents alive						
	Total	6	7	3	14	12	26

Duhabi Children Home is officially registered under District Administration Office (DAO)Sunsari, Social welfare Council (SWC), State 1 Child Care federation Union. Duhabi Home admits Children as per the rules and criteria of the higher authority.

ADMISSION PROCEDURE OF NEW CHILDREN

DOCUMENTS REQUIRED

1. Recommendation letter of Municipality and ward.
2. Death certificate of father or mother.
3. Application from Child's relative.
4. Citizenship card photocopy of Applicants.
5. Birth registration certificate of children.
6. Citizenship card photocopy of Parents.
7. Field visit report.
8. Current situation photo of Children.
9. Medical report.
10. Citizenship photocopy of two persons known to the families of the children of the concerned place.

*That family relations be maintained for the children of our home who still have parents but are unable to care for them.

Criteria for admitting new children at home:

- The child is a complete orphan or a half-orphan.
- The child is living in a dangerous circumstance.
- The DCH manager checks and inspects the documents and execute an on-site visit to assess the circumstances.

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- The child undergoes a health and mental check-up.

Below cases illustrate for which children Duhabi Children Home offers support:

- ❖ The child is living in dangerous circumstances and there should not exist a reasonable alternative to the child's admission in the children's home.

New Children at home

During the year 2023, 3 new orphaned children got admitted at Children home. After the proper field visit done by OM of Duhabi Home the children got admitted at home. The children don't have there any relatives at Dharan and during the visit to the residential area OM also didn't found any kinship of family. The children were recommended by Mayor & ward chairperson of Dharan.

For an admission to be successful the results of the "field visit" are particularly important. Before admitting any new children at Children home. initially the manager of the DCH stays **anonymous** Thus it is easier to obtain background information about the family and its relatives, their financial circumstances and their land and assets ownership. A small visit was done to their house and to collect all the needed information about their parents and present condition. If all the criteria are met then the children are admitted at Children home.

Daily life Activities/routine Of Children:

TIME	SCHEDULE WORK
5:30 – 6:00 AM	Wake Up
6:00 – 7:00	Brush teeth and wash face/ fresh Up and bath.
7:00 – 7:30	<ul style="list-style-type: none"> - Wash hands before and after eating - Breakfast - Bring dishes to sink, load dishes into dishwasher.
7:30 – 8:45	Tuition class
8:45 – 9:00	Get Dressed
9:00 – 9:45	Lunch.
9:45 – 10:00	Go to school
10:00 – 4:00PM	At school
4:00 PM	Return back to home.
4:00 – 4:30	Fresh up and Breakfast
4:45 – 6:00	Evening tuition class
6:00 – 7:00	Play outside.
7:00 – 7:30	Dinner and Clean Up.
7:45 – 8:30	Watch TV/ Movie.

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8:30 AFTER

Bed time /Sleep.

Saturday/Holiday routine

Time

SCHEDULE Work

5:30 – 10:00	Same routine
10:00-12:00	Cleaning house premises, washing school dresses, school bags, clothes.
12:00 – 2:00	Take rest/extra activities.
2:00 – 3:00	Quiz competition, drawing competition and other extra curriculum activities.
3:00 – 3:30	Breakfast.
3:30 – 5:30	Cleaning backyard, front yard of house premises and gardening.
5:30 – 7:00	Outdoor Playing.
7:00 – 8:30	Same routine.

Nutrients diet

A proper nutritional diet with protein and other vitamin food is provided to the Children at home. Twice a week child is provided eggs, twice a month child is provided with meat and 4th time a month with fruits. DCH is providing all the nutrients food to the children in the regularly basis they used to eat rice, pulses, green vegetables and milk per day.



Immunization to the children

Children were injected by the booster dose of covid-19 shield at their school.



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Regular health checkup camp



During this year Birat teaching hospital and ward health camp of Duhabi has been supporting Duhabi Home for health checkup. There was checkup done of 26 children and 3 staff members altogether. The medical team had examined children and provided the medicine. Eye camp was also organized. No children were affected by any eyes problem. The medical team

members suggested children not to watch television for hours.



pic: Children during health camp.

DUHABI HOME TEENAGERS PREPARING FOR THEIR FUTURE

The child home wants to prepare the teenagers for living independently from the home. We will accommodate the boys on ground floor near the office manager When they are 18 + they will have to leave the home and we help them to find accommodation if necessary. The home tries to facilitate them to complete their education and hopes to find separate sponsors for this purpose!

Office manager Aashu kumar mandal asked some teenagers about their future plans:

Toyaz Gautam:

Toyaz Gautam is 19 years old boy, He lives in the home since 17 y. Studying in class 11 at Mahendra Memorial Academy. Toyaz feels very good and positive about the DCH. He loves to do physical exercise and to play football. His hobby is to be footballer and he wants to join the Nepal Army. Toyaz is helping with shopping and other works in and around the home.

Anoj Gautam:

Anoj is 18 years old boy. It has been 14 years he is leaving here. He studies in class 10 at Mount Manasalu School. He is good in study and extra activities he is receptive too. One of his favorite subjects is Math and science. he wants to be a medical technician thus wishes to join technical course. Anoj loves to explore new things thus involves in inventing new things and also loves painting. He is independent in dealing with financial matters. He is thankful to Home facility for providing better opportunities in life. Out of all he finds Fooding,

tuition and dance class is going very well. He finds home mother very friendly because she takes care of them like their own children.

Duhabi wall restoration completed

Restoration of wall completed after heavy rainfall in Nepal. The restoration of wall has been provided a safe environment for the Children of Duhabi home.

Toyaz

Toyaz took part in soccer match called "Inter Leo futsal Cup" organized by Local Lions Club of Nepal. He had represented by Duhabi Leo Club.



Needs

Constructing room at terrace

Children home is getting small as the number of children are growing presently up to 3 children sleep in a single bed. There are not enough rooms for the girls. Therefore, the proposed construction project will give more space for the children to live. DH have proposed to construct a new room with attach bathroom and toilet for girls at attick. Than there will be separate room for the boys on the ground floor and girls on the top floor.

INFORMATION

on the website: www.kinderhuisnepal.nl
a monthly report is published.

COLOPHON

Supervisory Committee:

Nishchal Raj Shakya
Krishna Youngan Tamang

Stichting:

Henk Hooghuis, chairman
Zia Qazizada, secretary
Sergi Vazquez, treasurer

DCH Committee:

Keshav Bhattarai (Chairman)
Ramesh Babu Thapa (Secretary)
Aashu Kumar Mandal (Manager)

Clemens Deen technisch adviseur
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