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Nieuwsbrief 27

December 2020

Beste donateurs

CoVid 19 heeft ook in Nepal een grote invloed op het dagelijks leven.

Wat dit voor de kinderen betekent zullen we proberen weer te geven.

Het 2^e deel van de nieuwsbrief is samengesteld door Ashkumar Mandal en Ramesh Tamrakar.

(resp. coördinator van Duhabi Children Home en supervisor van ons project in Nepal)

Zij zullen ook een beeld geven van de kosten dit jaar op maandelijkse basis in een tabel.

Verder een opsomming wat er nodig is voor het kinderkuis aan materiaal en mankracht voor het kinderkuis in 2021. Zo is er een meisjestoilet nodig op de 1^e verdieping en moet dringend onderhoud plaatsvinden aan het Kinderhuis, zitten er scheuren in het dak en moet stucwerk en schilderwerk gedaan worden.

De meeste scholen zijn vanaf april gesloten geweest (geldt ook voor de Dipendraschool) en zijn pas onlangs (begin december) op beperkte schaal weer begonnen voor de hogere klassen..

In het kinderkuis gebeurt desondanks van alles : de kinderen krijgen dagelijks 3 u les van de huiswerkbegeleiders. Verder is er aandacht voor leuke dingen zoals dansles in huis. Ook de computerlessen gaan door. Er is een tekenwedstrijd, er worden spelletjes gedaan en er wordt veel gesport op het terrein voor het kinderkuis..

De kinderen zijn echter wel beperkt in hun mogelijkheden. Ze kunnen niet of nauwelijks van het terrein af behalve om te helpen met bv boodschappen doen. Gelukkig zijn alle kinderen nog gezond gebleven..

Gedurende de lockdown was ik zelf veel langer in Nepal dan gepland: van half februari tot half september..

De lockdown leidde o.a tot voedselschaarste. Invoer van levensmiddelen uit andere districten werd soms geblokkeerd om te voorkomen dat het virus zich zou verspreiden.

Helaas werden vooral de armste mensen, meestal dagloners, getroffen. Door de lockdown hebben zij niet kunnen werken en hebben geen inkomsten.

We hebben te weinig zicht gekregen op hoe het de kinderen van Dipendraschool is vergaan gedurende de lockdown. Het gebrek aan inkomen van de ouders doet wel het ergste vermoeden mbt kinderarbeid.

De voorzitter van het wijkcomite verzekerde ons dat de lokale overheid ook haar verantwoordelijkheid neemt. Voor de vaste kosten, groot onderhoud aan het Kinderhuis, uitbreiding van het aantal kinderen, aanstelling van een conciërge(guard), blijft uw bijdrage hard nodig.

Wij hopen daarom wederom op uw steun !

Veel informatie kunt u ook vinden op onze website: www.kinderhuisnepal.nl

Namens bestuur en vrijwilligers wens ik U fijne Kerstdagen en een gezond 2021!

Henk Hooghuis, voorzitter

Persoonlijke Impressie verblijf in Nepal

Aanvankelijk leek het veiliger in Nepal mbt CoVid 19 dan in Nederland . Daarom was het wel even schrikken toen het vliegveld in Kathmandu abrupt uit voorzorg werd gesloten op 23 maart jl en ik net die dag zou terugvliegen. Gelukkig kon ik met een schoonzus nog mee terugrijden naar Dharan Bazar waar ik tegen verwachting nog 6 maanden zou blijven.

De lockdown werd steeds strenger en met name het uitgaansverbod viel mij zwaar . Ik ging desondanks elke dag (illegaal) een stuk fietsen om in conditie te blijven en om schaarse verse groentes te bemachtigen .

Er kwamen veel hulpvragen, o.a van een groep daklozen die in de jungle nabij Dharan was neergestreken, ook kinderen. De overheid deed niets voor ze en de bewoners van Dharan waren bang voor besmetting met het virus. Onze manager Ramesh Kulung hielp met de voedselhulp aan Dipendraschool. Totdat zijn scooter in beslag werd genomen door de politie omdat hij niet de weg op mocht. Omdat het bijna onmogelijk was om bij elkaar te komen, liepen we vertraging op o.a. met de publicatie van onze jaarrekening over 2019. Wat me verder opviel was de betrekkelijke zorgeloosheid van de Nepalesen: Er werd weinig geklaagd, men past zich snel aan. Afstand houden is hier niet goed mogelijk. Misschien komt het omdat je je familie niet wantrouwt en men zich niet bewust is van de gevaren van het virus. Iedereen is hier een beetje familie van elkaar! Henk Hooghuis

Dipendraschool krijgt lokale steun

De kinderen van Dipendra school liepen tgv de sluiting sinds april een grote achterstand op . De uitvalschade zal pas zichtbaar worden als de scholen weer open gaan. Een positieve ontwikkeling is het op gang komen van steun van de overheid door het beschikbaar komen van overheidsfondsen als gevolg van deze noodsituatie die de pandemie veroorzaakt.

Onze Stichting heeft tijdens de lockdown met instemming van de sponsor van het maaltijdprogramma (* St. Kinderen vd Wereld) voedselpakketten verstrekt aan (71)gezinnen met kinderen op Dipendraschool. Dit is afgestemd met de lokale overheid die de voedselverstrekking voor het hele gebied van de Dalit gemeenschap rond de school hierna overnam. Een andere ontwikkeling is dat er nu 3 leerkrachten volledig worden betaald door de overheid en in vaste dienst een volledig salaris ontvangen. Naar verwachting zal er bovendien ieder jaar een door de overheid fulltime betaalde leerkracht bijkomen. Het schoolbestuur kan nu afzien van de steun vanuit onze Stichting. Ook het maaltijdprogramma kan worden afgebouwd als de school weer opengaat. Vanaf 1 januari zal namelijk voor de klassen 1 t/m 5 een schoolmaaltijd worden verstrekt door de lokale overheid als gevolg van nieuwe regelgeving voor communityscholen. We zullen dan ook de steun vanuit de Stichting afbouwen nadat bestaande projecten voor dit jaar voor zover mogelijk zijn afgerond.



Distributie voedselpakketten

Duhabi Kinderhuis



Voor het kinderkuis in het dorp Duhabi is voor de kinderen een speciaal programma georganiseerd voor de kinderen gedurende de lockdown.

De 2 huiswerkbegeleiders gaven gemiddeld 3 ½ uur per dag les om de leerachterstand zoveel mogelijk te beperken. De eerste 2 maanden van de lockdown werd vanuit de overheid aan de scholen online onderwijs gefaciliteerd dat in huis kan worden gevolgd.

De kinderen in Duhabi Home hebben inmiddels de beschikking over 3 pc 's.

Voor de oudere kinderen hebben hiervan gebruikt gemaakt. Helaas is na enkele maanden het online onderwijs onder verantwoordelijkheid van het Ministerie van Onderwijs weer gestopt wegens gebrek aan middelen.

Deel 2

Het nu volgende verslag is afkomstig van het Duhabi Kinderhuis,

1) Duhabi Children's Home

Duhabi child care Home is in operation since 2004 with the support of the Stichting S. Children Home Dharan, Netherlands. The Stichting is the main donor until now. However, small donations are received from local community, organization and clubs.

The home currently accommodates 15 children (8 boys and 7 girls). The home provides all the basic needs to grow up in a loving, caring and secure environment. Two home mothers reside in the home and are continuously available for children. Other staffs come for day works. The coordinator Ashu kumar Mandal is always available for service. Similarly, the Board supports in policy making and advising the mothers and staffs. The home is situated on the outskirts of Duhabi market neighbouring a pond which is well protected by a fence.

Being a charitable organization, we highly welcome donors and sponsors to support our children. The support is needed to make these children self-supportive by obtaining higher education and life skills. These children are either abandoned by parents or have no family members to take care. Academically good students go for higher studies and others join vocational trainings available in the market. However, equal opportunity is given to all children to grow up to their fullest. We hope to offer employment for young adults leaving the home.



Pic: Children learning in computer class tuition class.

1.1 Introduction of staffs

Introduction of office manager, Duhabi Home



Mr. Ash Kumar Mandal lives next to Duhabi home; he is young, energetic, hardworking and motivated guy. He is keen in child care and loves to serve children and the organization. He is involved in a service oriented organization like Lions Club.



Part time tutor

Miss Isha Kumari comes from nearby community. She is very motivated in teaching children especially math and science. Isha has special talent, explaining the children in different age!



Home mothers

Pic: Homemothers Muna and HariMaya

They are residential mothers and take care of children at day and night especially the small ones. In 8 years they become very experienced! They are happy to work for the children and enjoy their vocation. Sometimes; they find difficult to handle the older children when they don't listen to them. Older children are helping in the Kitchen and outside in the garden. Children watch TV as per schedule developed by *child club* especially educative programmes like Nat. Geografic.

Dance teacher

Children are provided with dance class twice in a week. Miss Roshni Rajhbar is a good dance teacher with area level reputation, she has been teaching dance to our children since quite long time.

She can organize different cultural programs and present to community.



1.2) Achievement of Duhabi Home in 2020

Duhabi Home has following achievements in the year 2020:

- Successfully raised local donation at 25% of total expenditure in cash and kinds. (Rice, oil, lentils, clothes etc.)
- Conducted child club meetings and children have actively participated in programs like quiz, debate, essay writing, drawing and dance competition etc.
- Formed child club for children's active and meaningful participation in the development of organization and their like skills. It has helped in personality development.
- *Costs for the year 2020.

2020	Duhabi Monthly Expenses exclusive salary	Duhabi Monthly Expenses including salary
Total cost per child per year : € 790	€3685	€10274

- Rs= Nepalese Rupee average is NR 133 for €1

1.3) Young adolescents opinion on Home and their lives.



The following young adults were interviewed to know about organisation and their future plans. They excerpt as follow.

Toyaz Gautam:

Toyaz is 16 and studying in class 9 at local boarding school. He feels good at home and has positive thoughts about the home. He is fond of physical exercise and play football. His hobby is to be a footballer and to join the Nepal Army. Toyaz is active and sporty thus had difficulty during lockdown. He misses his friends with whom he used to play football every day!

Anoj Gautam:

Anoj is 16 years boy and living at home since last 10 years. He is in class 8 at boarding School. He is good in study and extracurricular activities like football, cricket, & drawing. His favourite subject is Social studies. Anoj loves to explore new things and also loves painting. He can deal financial parts thus loves to go to market. He wants to be a pathologist which costly In Nepal. He fears the supernatural power of Ghosts thus puts on light at nights. He is happy with the Home facility and opportunities provided to him. Out of all he is happy with the good food, and educational facility at home. He is happy with the service of mothers because they take care of them like their own children. Anoj is in need of a sponsor for his higher education!



Milan Raut:

Milan is a 14 years old boy studying in class 6. He is good and receptive too. He has good command in English and Nepali both. However he is not that keen in personal hygiene. He is honest in financial matters and can buy the goods in cheap rates. He wants to be a teacher in future because he finds this profession respected. To be a qualified teacher in future, he needs sponsoring to get bachelor level.



Anju Tamrakar:

Anju (left) is a 14 years old girl studying in class 8. She grew up in Duhabi Home since she was 2.. She wants to be selected as Miss Nepal and adapt nursing as her profession. She is very active and good in her study. Anju is fond of online education which she finds effective and time saving. She mostly can solve her study problem without any help from tutors. Anju is sponsored by a Dutch lady for the coming 5 years.



Deepa Dhakal

Deepa (18 y) completed class 8. She is over age for her class. She has learning difficulties. She feels good and secured at home. She is happy and content with everything she has been getting here. She is individually sponsored by a Dutch former volunteer via Stichting She loves dancing and playing with small kids. She extends her helping hand to mothers in kitchen, gardening and cleaning. She wants to join vocational courses in incense making, or tailoring or dolls making.

Riju Gautam

Riju is one of the senior boys of the home. He is 20 now and completed college (12 class). Riju quitted his further studies and joined Red Mud Organic Coffee. He is under training to become a Barista!. He has been 2 years living there and working as waiter at coffee shop. He has also good painting and sketch skills. Riju had successfully completed 4 months training in painting in Pokhara. He is individually sponsored by a Dutch sponsor. After his training he wants to open a small coffee corner at Duhabi or nearby city.



Sita Gautam



Sita is the eldest daughter of home. She is 21 and passed grade 10 (highschool level). She had learning difficulties that could not be solved thus quitted her studies. Sita wants to live independent by taking a job nearby in Duhabi. She is physically weak too. Sita is helps home mothers in taking care of small brothers and sisters at home. She is interested in music and dance.

Child club

The child club members actively take part in extra activities and cleaning the surrounding premises. They also organize activities like quiz, debate contest, essay writing competition and dance programs. This club has been instrumental in developing their innate talent and promote their personality. They have also shown interest in home development by taking meaningful participation. The child club president is invited to participate in board meeting too.



Needs

- 1.) A vehicle (motorcycle) is urgently needed to attend hospital, weekly shopping, and other office works



- 2.) Additional playing materials for toddlers and small kids. This will provide entertainment to children at leisure time.
- 3.) Educational materials besides course books for general knowledge. A small book corner is preferred.

1.5) Vegetable garden

The children and staffs participate in vegetable gardening at the backyard space. This has been a very good practice to teach children how vegetables are grown. It has obviously helped in providing organic vegetables.



Picture:

The children dig the field for vegetable like spinach, tomatoes, green chilly etc.



1.6) Meals menu

A nutritious meal menu has been maintained at home. This is being changed as per the season of the country. Children are provided with tiffins. Additional nutrition



four meals that include breakfast and is provided to make it balance diet.

Reshmi Baraily

Reshmi Baraily is 17 and studying in class 9. She is living at Dharan with her mother & old grandmother in a hut. She is sponsored for her living and education by a Dutch sponsor. We had built small shed for her and renovated the hut that was leaking. Reshmi has no father and her mother works as maid in neighbours home but is jobless due to Covid19...



2) **Impact of covid-19**

Due to covid-19 daily life of home has been affected a lot. The pandemic has changed the routine life. Children are minimally susceptible to covid-19 they are not infected yet except by the psychological impact. Being quarantined in home and closure of school, lack of outdoor activity, life has been disturbed a lot.

We have summarized below some points how it has effected in children life and Home.

2.1) **Impact on children**

- A feeling of fear has been seen in the children with the news of infection and death rate.
- School has closed since last 9 months which has created uncertainty in their life.
- Children have tuition at home which doesn't cover the course.
- Separation from friends has created a fear on them.
- Continuously living in home without meeting with their friends makes them desperate and isolated.



Pic: children utilizing leisure time.

2.2) **Impact in House**

- In the beginning home had scarcity of food stuffs due to lockdown.
- Had difficulty in organizing meeting and discuss on future plan, prepared budget and policy for the home betterment.
- There has been a decline in cash and goods from local donors.

Part2

Needs at Duhabi children Home

Duhabi children Home currently needs this mentioned items/work in 2021.

S.No	Particulars (Needed items)	AMOUNT
1.	CCTV camera	€214
2.	Construction of new toilet	€1160.
3.	Renovation and plastering works	€3969.
4.	Inventory tuition class	€410.
5.	Additional man power (handy man) for 1 year	€975
6.	Playing and stationery materials	€350
7.	Total	€7078

Annual plan for 2021

With the joint effort of members of the board and support of Supervisor and Director, annual budget and plan has been prepared. We have summarized our annual plan of 2021.

We are seeking donors to support the children and manage the organization.

- Painting the building both inside and outside.
- Plastering of cracks and holes
- Furniture for repair and replacement
- Playground maintenance
- Construction of Toilet & bathroom, upstairs for elder girls.
- Renovation of flooring, ladders.
- Construction of new room for meeting and reading corner.
- In 2021 Duhabi Home wants to accommodate 5 more orphaned or helpless children.

TRANSPORT

Duhabi Children's Home desperately needs a vehicle for example to:

- ✓ Attend hospital if children get sick since ambulance service is not efficient in this area.
- ✓ Hiring vehicle is expensive and we need to visit remote places to collect information.
- ✓ Needs to visit relatives even after the integration of the children.
- ✓ Helps for weekly shopping and go to market for grocery
- ✓ Visiting schools.
- ✓ Excursions for the children
- ✓ A van is preferred which can carry about six people

INVENTORY TUITION CLASS:

The home lacks appropriate chairs and benches to be used for tuition classes.

Similarly, office is in need a chair for office manager and cupboard to keep the files and records.

Particulars	Quantity	Amount
Office Chair	1pcs	€105
Office cupboard	1pcs	€100
File containers	1pcs	€15
Benches and chairs	5pcs	€190
Total		€410

SAFETY The home doesn't have surveillance system and manpower. We should be aware of intruder at night and aware of unwanted people during day time too. It is also helpful to monitor the children's activities when there is no one in the home. Necessary budget:

Particulars	Quantity	Amount
CCTV Camera	5pcs	
LED TV	1 pcs	
Wiring and installation		
Total		€214

Additional manpower:

- ✓ The home needs a guard with the ability to do small maintenance of the building and look after the safety, registries visitors etc. He can also assist mothers in doing shopping, attending school, hospital and field. The guy should be a real handyman with mature behaviour. Like all employees of the Home he has to sign our code of conduct.
- ✓ Budget for Handy man:

S.No	Job type	for 1 month	For 1 year
1.	Security Guard (Handy Man)	75€	€975
2.	Total	75€	€975

Budget proposal

For

Repair and maintenance of Duhabi Child Care Home

Introduction and motivation for the request for support of our sponsors:

When Duhabi Child Home was constructed in 2004 we wanted a safe home for the children. A home where they could study, eat, sleep and play, so that they do not even have to go outside of their home. The Child Home would be “a zone of Peace “. Although situation is very different now, there is again a threat for the development of our children (the Pandemic). Because of this we think it would be best to restore the Home in its original state. For this we are asking our sponsors to contribute:

Sanitary facility, toilets, washing tables, showers:

At the moment only 2 toilets are available downstairs.

This for our maximum capacity of 20 children + staffs is not sufficient for the safety of our small children and girls, construction of a toilet on the first floor is absolutely necessary. Besides that a toilet that is not operated downstairs can be restored in its old condition. In that case total number of toilets for the child home will be 4. (1 toilet can be used only by staffs/ visitors of the Home like we intended originally when was constructed)

Restoration of the old toilets

Repair and maintenance should be done. . Small maintenance work like repair of flush, changing of water pipe (plumbing) maintenance of door, locks.

Painting and plastering of the Child Home

At present the home needs to be painted inside. Besides that plastering is necessary. The walls and floors need plastering and coating. Holes and cracks in the walls can become a problem if insects are breeding there.

Estimation for repairing old toilet:

For the repair and maintenance of old toilets we need sum of estimated amount to be Rs 25000/- twenty five thousand (equivalent to 200 Euro.)



Construction of new toilet:

S.no	Materials needed	Quantity	Rate (R.s)	Amount (NRs = Euro)
1	Cement	15 sack	750	11,250 = 90
2	Sand	2 truck	5000	10,000. = 80
3	Brick	5000 pcs	15	75,000 = 595
4	Labour charge			20,000 = 160
5	Toiletry item (seat, flush pipes)	1	5000	5,000 = 40
6	Plumber charge			5,000 =40
7	Doors	1	5000	5,000 = 40
8	Colouring			5000 = 40
9	Tiles if needed			10,000 80
10	Total			1,46,250/- = Euro 1160

Plastering and colouring of Duhabi home:

There are a lot of small repair and maintenance of work in Duhabi home. The stairs needs to be plastered because there are some cracks in stairs , the walls should need to be plastered , the ground floor also need to be repair , the colouring of house is not done by more than 10 years so there should be colouring to the whole building.



S.no	Expenses heading	Quantity	Rate	Amount(NRs=Euro)
1	Cement	25 sack	750	18,750 = €150
2	Sand	5 truck	5000	25,000 = €198
3	Colouring of building			2,00,000 = €1587
4	Contractor or labour charge			1,00,000 = €794
5	Repair/Maintenance of equipments/tools			1,56,250 = €1240
6	Total			5,00,000/- € 3969

SUMMARY: *Duhabi Child Home needs € 3969 for plastering and colouring, € 1160 for construction of toilet, €975 for additional manpower, €214 for CCTV camera and € 410 for inventory **Total:€ 6728***

On behalf of our Board, Staffs & Children we wish you a Merry Christmas & Happy & Healthy 2021!

