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Nieuwsbrief nr 36
Beste donateur/belangstellende

Amsterdam December 2025

We kijken terug op een roerige periode in Nepal waarover wij u al eerder berichtten. De hevige protesten afgelopen september geïnitieerd door de Gen Z beweging hebben geleid tot het organiseren van vervroegde verkiezingen die, zo is het plan, op 5 maart zullen plaatsvinden. De Nepalezen die ik gesproken heb zijn echter niet erg optimistisch dat dit gaat lukken en of er daadwerkelijk veel zal gaan veranderen in Nepal.

De resultaten die u in onze nieuwsbrief kunt vinden geven daarentegen aanleiding tot optimisme. Het kinderhuis is goed georganiseerd met een duidelijke taakverdeling en een vaste structuur voor de kinderen. Dit geeft rust en maakt Duhabi Children Home tot een veilige haven voor onze weeskinderen ook in roerige tijden.

Dit is alleen mogelijk met U w steun!

Tot slot nog een woord van dank voor de ruimhartige steun de afgelopen 2 jaar door de protestantse kerk te Oosterend, Texel, het diaconale team old ds Geertje de Vries.

Namens bestuur en vrijwilligers
Fijne Kerstdagen en een voorspoedig 2026!

Henk Hooghuis, voorzitter



Nieuwsbrief nr 36

Christmas Report



Our Aim

Our goal is to provide equal opportunities to every child, regardless of caste or religion, by meeting their physical, emotional, and educational needs. We aim to help them grow, cope with challenges, and succeed in life. Equal opportunities between boys and girls.

The project-An Overview

- **Duhabi Children Home (DCH)**, established in 2004, with the help of Stichting Shide Children Home Netherlands (SSCHD).
- It is a residential care facility.
- It aims to provide a safe home for orphaned children in eastern Nepal.
- Its primary support comes from Stichting Shide Children Home Dharan Netherlands (SSCHD), a dedicated partner for more than 20 years.
- DCH gets local support in-kind contributions from local donors for about 20% of the expenses is covered by local donations.
- The financial and monitoring responsibilities are managed by Shide Children Home Nepal, a partner organization of SSCHD.
- DCH aims to provide a safe home for orphaned children, supporting their education, healthcare and overall development.
- DCH is providing care, protection, and nurturing support to maximum of 20 children.

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Project Details			
Project Name	Duhabi Children Home		
Address	Nepal Koshi Province Sunsari Duhabi 05		
Registration number	DAO 3287	SWC 52656	
Email address	dchildrenhome@gmail.com		
Contact Person	Aashu Kumar Mandal (Manager)		
Total Staff members	7	Full time	4
		Part time	3
Total Children	16	Boys	7
		Girls	9
Children nature	Orphan and Semi Orphan		
Organization Property	Land and Building, Office equipment, Furniture Motor bike etc.		

Admission Procedure

In Nepal, the admission of child to an orphanage (children home) is governed by strict regulations. Essential documents include a recommendation letter from the municipal office and ward, death certificates of both parents, an application from the child's relatives, photocopies of the citizenship cards of the applicants and the parents, a field visit report, a recent photograph reflecting the child's current situation, and a medical report.

These measures are in place to ensure the legitimacy and necessity of placing a child in a children home. Special emphasis is given to the field visit report to verify that the child is genuinely orphaned. Ultimately, the field visit report serves as the final basis for the decision to admit a child to an orphanage. The field visit is conducted and supervised by qualified professionals, including the Manager and Counsellor, under the guidance of a trained social worker.



Beneficiaries

The children living in the home are the primary beneficiaries of the organization, receiving proper care, safe shelter, nutritious food, and consistent support in accessing quality education within a secure and nurturing environment.

Child Club activity



A Child Club was formed at DH, and roles were assigned to three selected (child)leaders: Khushi (13) as the Discipline Leader, Shruti (12) as the Sanitation Leader, and Bijay (11) as the Informant Leader. The management team explained each role's responsibilities, encouraging all children to understand and support them. The three leaders were actively engaged in their roles, motivating other children to follow safety measures while playing and doing any activities. Sanitation Leader Shruti demonstrated proper handwashing with soap and water to all children.

* The Child Club can also provide their opinions and suggestions regarding the Home's priorities.

Contribution of Children



Children participated in planting in a flower garden, fostering responsibility for the environment. They learned about gardening and plant care through active involvement in tasks like watering and protecting plants. This creative initiative promoted engagement with nature while teaching the importance of maintaining and caring for their surroundings.

Local donation and policy

Local donations made by individuals near the home constitute around 20% of the total expenses. Regular donors provide items, including beaten rice, vegetables and fruits. The staff is responsible for receiving these donations and they can decide whether the donation can be accepted or not. The majority of contributions are in kind, with occasional cash donations. Every donation, particularly cash, is accurately recorded in a donation register to maintain transparency.

S. No	Particulars	Amount in RS	Amount in Euro
1	Rice	41,250	€262
2	Vegetable Oil	28,000	€179
3	Fruits and Vegetables	6000	€39
4	Pulses	7650	€49
5	Peas and Grams	4500	€20
6	Other Food Materials	80930	€515



Orientation on Menstrual and personal hygiene

A Personal and Menstrual Hygiene Awareness Session was conducted at the Home with 19 participants, including the Home and Kitchen Mothers. Led by the Counsellor and Manager, the session provided practical guidance on personal care and menstrual hygiene, helping girls build confidence, reduce stigma, and learn safe hygiene practices.

Additionally, two children from Duhabi Home, Khushi and Urmila, accompanied by the Kitchen Mother, attended a similar orientation at SOS Village, Itahari. Both sessions were highly beneficial, supporting better health, regular school attendance, and informed personal care.

In-formal Education



The counselor and office manager work together to set up informal education program for children at home, which encourage creativity, teamwork, and practical skills. activities like art & crafts, gardening, cooking, or sports teach important life lessons and help children feel accomplished.

Feedback of Children

We sought direct feedback from the children residing in the Duhabi Home, and they conveyed what they feel, loved and supported by the staff. While they appreciate the activities and educational programs offered. According to the children still some improvements are needed at home. Counsellor is accepted by the children and he serve as a person of trust. Here are some comments of the children.

- I enjoy attending tuition classes with Miss Asha and Binita. They make learning fun and help me understand difficult subjects-**Khushi**
- I feel safe and happy here. The staff always take care of us when we are sick or hurt-**Shristy**
- Celebrating festivals and playing with friends makes me feel like I am part of a big family-**Karan**
- I am happy with the meals, education, and love we receive. It helps me dream big for my future-**Bijay**

Urmila

My name is Urmila, I am 15 years old, and I grew up in Duhabi home. I have received good care, guidance, and support. Recently, two new home mothers have joined as the staff. I am happy that they can help me with the home work as they are educated. In addition, Raj sir “Counselor” is available for me and all of us when we have any problem, and we can share with him, and we are very happy with him.

Although we are happy with the improvements, few things are needed to be improved at home like playing materials, and we need more playing materials because there are many small children at home. I am happy Aashu sir is providing pocket money to us.



Counsellor and Informal Education

Mr. Raj Chaudhary, a Psychosocial Counsellor and Coordinator at SOS Village, visits Duhabi Home twice a week to provide individual and group counselling, helping children address emotional and behavioral challenges, build confidence, and strengthen their emotional well-being, which plays a vital role in their overall development.

Special Highlights

- Festivals and celebrations were observed with joy, creating a sense of community and belonging.
- Staff maintained regular hygiene and health routines, ensuring a safe living environment.
- Continued improvements in education and extracurricular activities have enhanced the children's overall growth.

Orientation on Mental Health and Psychosocial Support (MHPSS)



A Mental Health and Psychosocial Support (MHPSS) orientation was successfully conducted at the Children Home for all children, staff, and tutors. Facilitated by Mr. Man Kumar Gurung from SOS Village. The session was interactive, child-friendly, and educational. It helped participants better understand mental health, emotional well-being, and the importance of psychosocial support.

Medical issues and treatments

Throughout the year, the health of the children was effectively managed, with only minor seasonal illnesses promptly treated. Anju was found to have a small kidney stone and received the necessary care. During the monsoon, several children, including Abhay, Abhaya, Shristy, and Soniya, faced viral fevers and skin conditions, all of which were addressed under medical supervision. Additionally, Khushi was diagnosed with a vitamin D deficiency and given supplements. The children's overall well-being and safety were maintained through regular check-ups and timely medical interventions.

Celebration of National Children's Day

The 61st National Children's Day was celebrated with enthusiasm and dignity at home. The event was hosted by one of our daughter, who confidently facilitated the proceedings. The celebration began with the arrival of guests, the National Anthem. This was followed by welcome remarks and best wishes. The children presented a welcome dance and several cultural performances, concluding with a drama that delivered an inspiring message. The program ended with closing remarks by Urmila (15), followed by a cake-cutting ceremony.

- ❖ After several attempts, we successfully obtained the paternal addresses of Khushi and Pratima. Through effective coordination with their relatives, neighborhood and the Vice Mayor of the concerned municipality, their birth certificates were also acquired. Their grandparents reside in Terhathum, which is located far from Duhabi. The home is actively arranging and updating the children's official documents, which is a positive and encouraging step.

Celebration of Birthday

To enhance a family environment in the home we also used to celebrate birthday of each and every child.



Field Visit



A field visit was conducted by the Manager and the Counsellor to Dharan, where they met the mother of Karan and Karuna. She had remarried and was working as a garbage collector; however, she was struggling with alcoholism and lacked a stable living environment. In addition, she was blind in one eye, which further limited her ability to care for her children. Unfortunately, she was later killed by her husband. The children were not involved in this incident.

Staff Members & New Staff

The Duhabi Children Home has three full-time and three part-time staff members. The team includes an office manager, kitchen mother, home mother, counselor, and tutors. All staff members adhere to a Code of Conduct and their respective job descriptions to maintain a positive work environment and support the organization mission. Two part-time tutors, Ms. Asha and Binita, both permanent residents of Duhabi, provide one-and-a-half-hour tuition class daily to the children. Ms. Asha conducts the morning sessions, while Binita handles the evening class. Both tutors are highly qualified, motivated, and committed to their roles.



Puja, 21, is a permanent resident of Beltar Municipality-9 and has completed her Class 12 education. She belongs to a family of seven members. She is currently serving as a Kitchen Mother. She is highly committed to her role, devoting herself to caring for the children with genuine warmth and responsibility. She has a strong interest in cooking and takes great pride in preparing and serving nutritious meals for the children under her care. Her father is deceased, and she is the only one responsible for taking care of her family.

Clothes & Shoes to Children

The children were taken to a cloth shop where new clothes were bought for them. Each child was able to choose the items they needed and liked according to their own preferences. It was a fun and empowering experience as they were able to pick out clothing that they felt comfortable and happy in.

Refrigerator

A youth group from Biratnagar City generously donated a new refrigerator to Duhabi Children Home after consulting with the administration to identify the Home immediate needs. As the refrigerator was a priority requirement, the group arranged and provided it locally, helping fulfill an essential need of the Home.



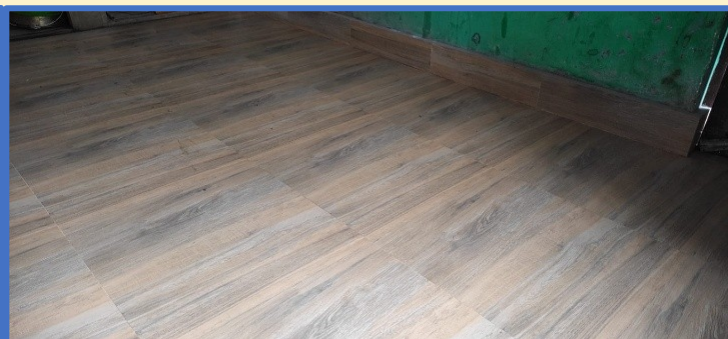
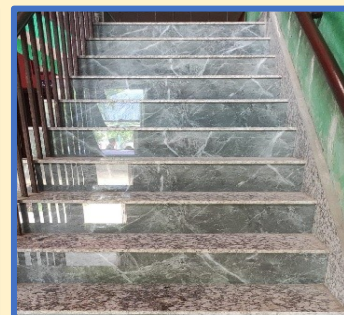
Renovation of toilet septic tank

The toilet septic tank at the home was overflowing with water, creating a health risk. A technician cleaned it, resolving the issue. The tank was then renovated by increasing its height and sealing it with concrete and bricks to prevent leakage. An overflow wastewater pipe has been installed to direct excess water outside, eliminating the risk of insect breeding. To accommodate the washing machine, the bathroom has been separated, and a concrete stand has been constructed.

Renovation Work

The renovation of the toilets and bathrooms at Children Home has been successfully completed. The project included the installation of granite on the staircase and tiling in the bathroom areas. Two ground-floor toilets and one first-floor toilet with an attached bathroom were fully renovated, ensuring improved hygiene and functionality. Tiles were also laid in a vacant area on the first floor to enhance its overall appearance. Additionally, indoor plants were placed near the kitchen entrance, contributing to a more welcoming and pleasant environment for the children and staff.

- Renovation work on the toilets, bathrooms, and staircase has been completed which included: Full renovation of two ground floor toilets with new tiles.
- Installation of granite on the staircase.
- Renovated of one first-floor toilet and bathroom with tiles and granite.
- Tiling of a vacant area on the first floor for improved aesthetics.
- Placement of indoor plants near the kitchen entrance for decorative enhancement.



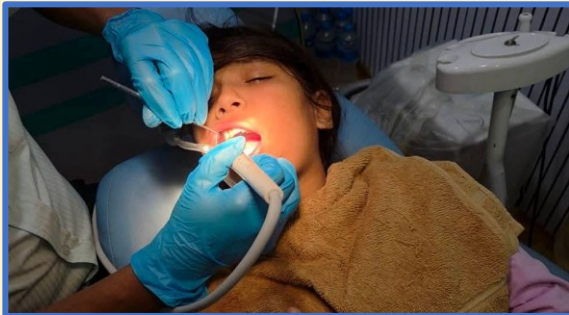
Duhabi Home is planning to organize a joint training session for its staff, board members. The training will focus on strengthening knowledge and skills related to child safeguarding, with special emphasis on working effectively and responsibly with orphaned and vulnerable children. This initiative aims to ensure that all members involved in the care and governance of the Home are well-equipped to maintain a safe, supportive, and child-centered environment.



Dental Camp

- ❖ In addition to regular health checkups and necessary medical care, the children are taken for quarterly dental, eye, and ear examinations.

All children underwent a standard dental check-up and received immediate treatment at Popular Dental Clinic, supported by Dr. Raj Shah, who generously provided all services free of charge. Most children's teeth were in good condition, while a few required fillings, extractions, or cleaning. Khusi, Anju, and Urmila received dental cleaning, whereas Yubraj, Karan, and Karuna required tooth extractions. The clinic also filled cavities for several children and completed all necessary treatments on the spot. Although Devika did not allow her teeth to be cleaned, she can be taken for treatment later if required. Dr. Shah kindly assured that he would continue supporting the home in the future by charging only minimal fees for equipment.



One Day Educational Tour

The children participated in a one-day educational tour to Dharan, a prominent city in eastern Nepal located 29 km north of Duhabi, where they were briefed on the significance and history of each location. They enjoyed hiking in the hilly areas and exploring the surroundings. Staff members, including the Counsellor and Tutor, accompanied them. A notable aspect of the trip was the children's active involvement in preparing breakfast and food for the visit, demonstrating their growing sense of teamwork and responsibility.



After the sightseeing activities, the group visited a park developed by the Mayor of Dharan through local resources and community support, offering the children a valuable lesson on effective resource utilization. The day concluded with a shared meal in the park before returning to Duhabi with enriching experiences. While some children, including Anju, Urmila, and Khusi, enjoyed taking photographs, others

such as Ram, Bijay, Devika, and Yubraj actively engaged by asking questions about the religious sites.

Pic: - Children during Educational Tour.

Achievement of Duhabi Home in 2025

Duhabi Home has following achievements in the year 2025:

- ❖ The toilet, bathroom, staircase and septic tank have been renovated using tiles and marble.
- ❖ Old kitchen utensils were replaced with new ones.



- ❖ Young and energetic Home Mothers and Kitchen Mothers were appointed.
- ❖ The old refrigerator was replaced with a new one with the support of a local donor.
- ❖ Children's documents were updated, and active visits were made to the birth place.
- ❖ Renewal of Duhabi Home have been done. *Renewal of organization is needed to be done every year.
- ❖ Developed relationship with SOS Children village in work and trainings for the staff and Children.

Children Performance at School

Bijay participated in various games at his school sports meet, winning a medal in the "fill water with glass" event, a silver in the one-leg race. He also received a certificate of recognition for his outstanding performance.



Khushi, an intelligent and talented student, achieved an outstanding 94.5% in her final terminal examination. As her previous school does not offer higher classes, she has been admitted to a new school with education up to the high school level and is excited about this new opportunity. Alongside her academic success, Khushi actively participates in school projects, recently completing a creatively designed globe using simple materials, and is also an active member of the Scouts. We are proud of her well-rounded performance and of our children's continued achievements in academics and informal education.

Pratima, a 12-year-old girl, has been living at Duhabi Home for the past three years. She and her sister, Khushi, who also resides at Duhabi Home, were rescued by the police after their mother passed away in the hospital. With no known family to care for them, the home has become their only source of shelter and support. Pratima shows symptoms of autism according to the counsellor Mr. Raj and requires special attention in both her education and daily care. Her development and well-being depend greatly on consistent support, personalized learning, and a nurturing environment. For her medical treatment and therapy sessions, we need to take her to a specialized center. With the right care and support, her health can improve significantly. With your generous contribution, we can continue to provide the care she truly deserves and help her reach her full potential.

Abhay (4) and Abhaya (3) are twin brother and sister from Sangaudi Municipality, Dhankuta District. Due to severe domestic violence caused by their alcoholic father, the children were rescued by local villagers and Dharan Municipality and placed at Duhabi Home for their safety. Their father later died in an accident, and their mother remarried, leaving the children without parental care. We are in contact with their biological mother but it is not likely that the children can be reintegrated again.

When they first arrived, both children came from a highly disadvantaged background and required close care and guidance. With consistent support and a safe environment provided by the Home, they are now healthy, happy, and adjusting well.

Abhay is enrolled at Gokul Kidzee School, and Abhaya attends Mahendra Memorial Academy School. Both schools fully sponsor their education, while the Home provides uniforms, books, and stationery.



The Office Manager and Counsellor are also assisting in obtaining their birth certificates and other legal documents as per government requirements.



Children show a strong interest in coloring and artwork activities. They enjoy expressing their creativity through drawing and painting. These activities keep them engaged and focused. Art also helps develop their imagination and skills.

Expenses of Duhabi Home from January to October 2025

Expenses of Duhabi Home from January to October 2025			
S. No	Regular Expenses Description	Amount	In Euro (157.05)
(1)	Food & Nutrition	480,987	€3063
(2)	Education	54,512	€348
(3)	Repair & Maintenance	36,753	€234
(4)	Medical	44,650	€285
(5)	Toiletries & Hygiene	69,540	€443
(6)	Drinking Water	17,100	€109
(7)	Electric Bill	31,500	€200
(8)	Gas refill	38,200	€244
(9)	Clothing	34,550	€220
(10)	Travelling for Office	14,000	€90
(11)	Office Stationary	26,980	€171
(12)	Fuel & maintenance of Vehicle	31,600	€202
(13)	Activities Celebration	35,000	€223
(14)	Internet for OM	10,000	€64
(15)	Pocket Money for Children	15,000	€96
A	Total of A	940,372	€5992
S. No	Salary Description		
(1)	Office Manager	2,31,800	€1476
(2)	Home & Kitchen Mother	32,4960	€2070
(3)	Tutors	115,900	€738
(4)	Security Guard	129,984	€828
(5)	Counsellor	162,480	€1035
B	Total of B	965,124	€6147
S. No	Project Expenses Description		
(1)	Festival Clothes & Shoes	50,000	€318
(2)	Summer Clothes for Children	36,800	€235
(3)	Renewal of Organization	22,000	€140
(4)	Maintenance and Cleaning of Septic tank	36,340	€232
(5)	Flower Garden	16,900	€108
(6)	New Year Celebration for Staff & Children	9,700	€62
(7)	Orientation on MHPSS	10,000	€64



(8)	School books and Stationary	41,400	€264
(9)	Shoes	30,000	€191
(10)	Umbrella	4,200	€27
C	Total of C	257,340	€1641
D	Grand Total A+B+C	2,162,836	€13,780

Annual plan for 2026

Through the joint effort of the members, the board of directors, supervisory committee and the manager, the annual budget and plan were prepared. We have outlined our 2026 annual plan.

We are looking for donors to support children and run the organization.

The highlights of the budget are as follows.

Proposed Annual Budget and Plan of 2026			
Monthly Regular Expenses			
S.No	Description	Proposed Budget for 1 year	In Euro (157.05) https://www.exchangerates.org.uk/EUR-NPR-spot-exchange-rates-history-2025.html
(1)	Food and Nutrition	5,82,972	€3713
(2)	Education	69,540	€443
(3)	Repair and Maintenance	30,000	€191
(4)	Medical	42,000	€268
(5)	Toiletries and Hygienic items	72,000	€459
(6)	Drinking Water Bill	42,000	€268
(7)	Electric Bill	42,000	€268
(8)	Cooking Gas Refill	48,000	€306
(9)	Clothing (Shocks, handkerchief)	36,000	€230
(10)	Travelling for Office	12,000	€76
(11)	Prizes to high performer Children Program	24,000	€152
(12)	Office Stationery	24,000	€152
(13)	Fuel and maintenance of Motorbike	30,000	€191
(14)	Communication/Mobile internet for OM	12,000	€76
(15)	Activities/Celebration	50,000	€319
(16)	Books & Stationery for Children	60,000	€382
(17)	Audit/ Renewal of Organization	25,000	€160
(18)	Pocket money for children	18,000	€115
(19)	Other Miscellaneous	50,000	€319
	Total of A	1,269,512	€8088
(B) Proposed Salary for 2026			
S. No	Description		
(1)	Office Manager	364,000	€2318
(2)	Home mother and Kitchen Mother	422,448	€2690
(3)	Tutor for morning & evening class	139,080	€886
(4)	Handyman/Guard	211,244	€1345



(5)	Dance and Computer teacher	84,000	€535
(6)	Counsellor	211,224	€1345
	Total of B	1,431,996	€9119
	Project Expenses		
S. No	Description		
(1)	Clothes and Shoes for Children		
(a)	School Dress 2 pairs	50,000	€319
(b)	School Shoes both black and white	30,000	€192
(c)	Clothes for Children	60,000	€383
(d)	Summer Clothes for Children	30,000	€192
(e)	Winter Clothes for Children (Warm jackets, trousers etc.)	30,000	€192
(f)	School Bags	25,000	€160
(g)	Shoes	30,000	€192
(2)	Trainings and Orientation		
		11,000	
(a)	Child Rights & Child Protection Awareness		€70
(b)	Health, Well-being & Hygiene Awareness	15,000	€96
(c)	Vocational and Skill-Based Activities	12,000	€76
(d)	Day Celebrations (Children's Day, Environment Day, etc.)	20,000	€128
(e)	MHPSS Awareness Safety and Safety & Disaster Preparedness activities	5,000	€32
(f)	Photos print and framing	12,000	€76
(3)	Celebration		
(a)	Birthday Celebration of Children	20,000	€128
(b)	Christmas Celebration	20,000	€128
(4)	Umbrella and Raincoat	15,000	€96
(5)	Health Insurance premium of Children and Staff members	25,000	€160
(6)	Field Visit Expenses	50,000	€319
(7)	Annual Picnic	50,000	€319
(8)	Main Gate maintenance and Coloring	15,000	€96
(9)	Total of C	5,25,000	€3354
(D)	Total A+B+C	3,226,508	€20561

➤ The proposed budget of 2026 Direct expenses is raised by 4% as the inflation rate of Nepal.

Educational Partner

S. No	Name of School	No of Children	Remarks
1	Mahendra Memorial Academy	5	Fully Sponsored
2	Vidya Sanskar School	2	Partial Sponsored
3	Little Flower Academy	2	Fully Sponsored
4	Duhabi Adarsh Academy	1	Fully Sponsored
5	Gokul Kidzee	1	Fully Sponsored
6	Meghanand International Academy	2	Partial Sponsored
7	Dinesh Smriti School	3	Fully Sponsored

The children residing at the Home study in different schools, where they receive educational support (sponsorship). Some children are granted full scholarships, while for others the Home is required to cover certain costs such as admission, examination, and annual fees. Monthly fees are not charged; however, a reserve fund is necessary to



meet these school-related expenses. This support constitutes the local contribution toward the education of the children.

At the school of Shristy and Bijay, a cultural dress program was organized in which both students participated by wearing traditional attire from their respective cultures. New cultural dresses were purchased for the event, and they took part in the program with great enthusiasm.



Needs

Need for Desktop Computers

The Home requires three desktop computers to support the educational needs of the children. Access to computers is essential for the children to complete school assignments, conduct research, improve digital literacy, and develop basic computer skills that are important for their future education and employment and contribute to the overall development of the children.

Particulars	In Nrs For 1 Pcs	In Nrs For 3 Pcs	In Euro For 1 Pcs	In Euro For 3 Pcs
Desktop Computer	30,000	90,000	€192	€575

Furthermore, there will be local contributions from community donors, as the Home will arrange the required computer tables and chairs for the three desktop computers. This reflects positive community involvement and ensures the effective and proper use of the donated equipment.

- ❖ Every year, the children require new books and copies as they progress to higher classes, costing approximately 3,500 rupees per child. With 16 children in the Home, the total cost for purchasing the required books amounts to 56,000 rupees. In addition, a separate budget needs to be allocated for other stationery materials such as notebooks, pens, and pencils to meet the educational needs of all the children.
- ❖ Every year, the children require two sets of school uniforms and two pairs of school shoes, as schools provide two colors and designs for daily wear. Additionally, they need two pairs of black and white shoes, along with a school tie and belt.

Particulars	In Nrs For 2 Pairs/Set	In Nrs For 32 Pairs/Set	In Euro For 2 Pairs/Set	In Euro For 32 Pairs/Set
School Dress	3125	50,000	€20	€320
School Shoes	781	25,000	€5	€160



Healthy-Diet

The children at Duhabi Children Home are provided with balanced and nutritious meals that include eggs, milk, meat, chicken, fish, and other essential food items to support healthy growth. Due to rising inflation, however, fresh fruits cannot be served daily; they are currently provided once a week, with dry fruits offered occasionally. We sincerely seek your support to help us continue providing energy-giving and nutritious food for the children.

The daily meal plan includes three main meals and snacks, designed according to a professional dietician's guidance. Breakfast consists of traditional Nepali foods such as milk and beaten rice, sometimes accompanied by fruits. Lunch typically includes rice, lentils, and vegetables, while dinner features rice, dal, vegetables, and beans, with meat, fish, or eggs served weekly. Snacks often include fruits, nuts, or milk. Milk is provided daily, while fruits, chicken, dairy items, and eggs are included based on nutritional needs to ensure the children receive essential nutrients for their overall development.

- ❖ The old and damaged switchboards need to be replaced due to the risk of electric shock. It is necessary to install new switchboards to ensure safety and prevent potential hazards.



Pic: Activity of Children during the year.



Dear Donors and Well-Wishers,

We extend our heartfelt gratitude for your continued support and compassion toward Duhabi Children Home. Your generosity has enabled us to provide a safe, nurturing, and inspiring environment for every child under our care. Over the past months, we have focused on strengthening our educational, emotional, and developmental programs, ensuring that each child receives the attention and opportunities they deserve.

The progress we have achieved would not have been possible without your trust and partnership. As we move forward, we remain committed to enhancing the quality of our services and creating brighter futures for the children. Thank you for standing with us and believing in our mission.

Best regards,

Aashu Kumar Mandal
Manager
Duhabi Children Home

INFORMATION

on the website: www.kinderhuisnepal.nl a monthly report is published.

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