



# Report of Duhabi Children Home Sunsari / Nepal covering the month of august 2025



## Local donations

S. No	Voucher No.	Donor	Donated Item	Approximate Amount	
1		Yubraj Dhakal	Food for Children.	5,000	€34
2		Ganpati Chewra Mill	Beaten Rice-20kg.	1000	€7
3		Total		Rs 15,000/-	€41

In August, Duhabi Home received visits from regular and new local donors during school hours. Staff and board members ensured donors to followed the guidelines, refraining from taking photographs and direct handouts the things to children. Donors generously contributed essential items such as rice, vegetables, oil, cookies, and beaten rice. When new donors visited during non-school hours or holidays, they were warmly welcomed but politely encouraged to schedule visits during school hours in

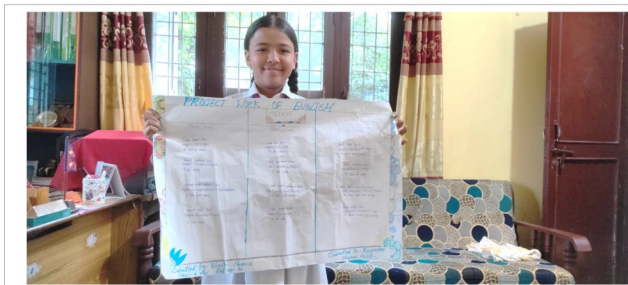


the future. However, due to the current economic situation in Nepal, there has been a decline in location donations, posing a challenge for Duhabi Home to meet its needs within the limited budget.

The current situation in Nepal has become highly unstable due to large-scale protests led by Gen Z youth against corruption, which have brought significant changes in the government. As a result of the demonstrations, the Prime Minister and several parliamentary members resigned from their positions. However, the protests also turned violent, with government buildings such as Singha Durbar, the Supreme Court, the Parliamentary Building, and several local offices including municipalities, ward offices, tax authorities, district administration offices, and government banks being set on fire. Schools have remained closed for the past four days due to the nationwide strike. To ensure safety, the children of Duhabi Home are staying indoors and are not permitted to go outside, especially since criminals and prisoners escaped from jail during the second day of the protests, raising security concerns. The Office Manager, Mr. Aashu Mandal, has been handling the situation on the front line, staying with the children and staff members for nearly 12–14 hours a day, while keeping the children engaged through different tasks and assignments to maintain normal(usual) inside the home. The children are being kept safe, and no one is allowed to enter the premises without the Manager's permission. Meanwhile, regular activities at the home are continuing as usual. The crisis has now been temporarily resolved with the appointment of a female President, who will serve as the interim Prime Minister for the next six months. Altogether, 46 people died in the protests and more than 1,000 were injured. Among them, 2 people lost their lives in Itahari, and 4 in Dharan Bhatbhateni during the protest which is nearly to Duhabi area.

### **Board Meeting**

No formal meeting was held during the month; however, the board members of Duhabi Home regularly visited the home to inspect the work of the staff. The Treasurer and Chairman also visited once a week to review the weekly expenditure sheet and verify it with the expense vouchers. In addition, the Chairman of Shide Nepal visited the home once and held an informal discussion with the children regarding the situation of the home and their studies.



### **Reports of Children**

Khusi, one of the elder children, is talented and creative, and she works diligently to complete her homework and project work on time. She also supports other children in their studies. During the month, she prepared two different project works using paper and locally available resources such as flowers and beans. Whenever needed, she seeks guidance from the Manager or the Home Mother.



A session on personal and menstrual hygiene was conducted at Home with a total of 19 participants, including the Home Mother and Kitchen Mother. The session, facilitated by Counsellor Mr. Raj Chaudhary and supported by the Manager, lasted for about two and a half hours and was divided into two parts: the first focused on personal hygiene, and the second on menstrual hygiene and its importance. The children actively participated and remained engaged throughout the program. The orientation provided valuable knowledge on personal hygiene and safe menstrual practices, helped the girls build confidence in managing menstruation without fear or stigma, and encouraged improved daily hygiene habits and the proper use of menstrual products. Furthermore, the session contributed to reducing absenteeism at school during menstruation, raised awareness on safe disposal methods and environmental cleanliness, and promoted open discussions and peer support regarding menstrual health.

### Staff Meeting

Staff meetings at Duhabi Home are held twice a month, every 15 days on Saturdays, to ensure the participation of all staff members along with representatives of the children. The discussions usually focus on children's activities, their needs, the overall functioning of the home what is going well, what requires improvement as well as the progress of the children and other important matters.

This month, three meetings were held: two regular meetings and one additional meeting in response to specific needs. During the discussions, it was observed that some children require additional care and extra tuition classes. In consultation with the Home Mother, Kitchen Mother, and Counsellor, it was noted that certain children respond only to the Office Manager. It was therefore agreed that if the Manager could provide these extra classes, it would help improve their academic performance.

The meetings also addressed household requirements. The Home Mother and the elder child, Anju, informed the Manager that undergarments were needed for the children, and that some items such as tiffin boxes and water bottles were missing.

Upon hearing this, the Manager, along with Anju, immediately went to the market and purchased the necessary items to meet the children's needs.

The children were taken on a one-day educational tour to Dharan, a well-known city in eastern Nepal located 29 km north of Duhabi.



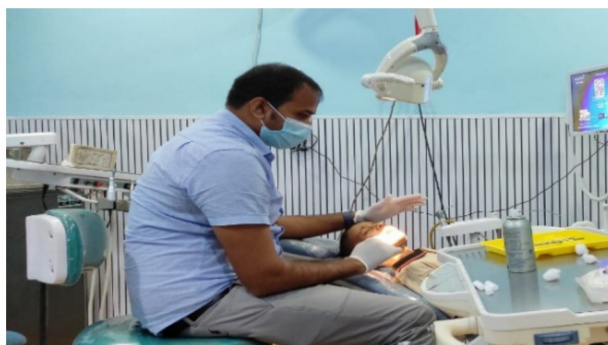
During the visit, they explored significant religious and historical sites such as Purano Bazaar, Dantakali Temple, Buddhasubba Temple, and Pindeshwor Temple, where they were also told the stories and importance of these places. The children enjoyed hiking in the hilly areas, exploring the surroundings, and experiencing new things. Staff members of Duhabi Home, including the Counsellor and Tutor, also accompanied them on the trip. A notable highlight was that the children actively helped the mothers at home by preparing breakfast and food for the visit, which were later served hot during the tour, reflecting their growing sense of teamwork and management skills.



After sightseeing, the group also visited a park built by the Mayor of Dharan using local resources and community support, which served as an important lesson for the children about utilizing resources effectively. The day concluded with the children enjoying their meal together in the park before returning to Duhabi with joyful experiences and learnings. While some children, such as Anju, Urmila, and Khusi, were busy taking photographs, others like Ram, Bijay, Devika, and Yubraj showed curiosity by asking several questions about the religious sites.

### **Child Club activity**

The Child Club of Duhabi Home is active and has been regularly carrying out activities prepared by the Manager with support from the Counsellor, including a quiz competition, cleanliness program, drawing competition, and several other events.



### **Dental Check-Up**

During the month, the children were taken for a dental check-up and immediate treatment at Popular Dental Clinic, supported by Dr. Raj Shah, who provided all services free of charge. Most children's teeth were healthy, while some had cavities that required fillings, extractions, or cleaning. Khusi, Anju,

and Urmila had their teeth cleaned, whereas Yubraj, Karan and Karuna had teeth extracted. The clinic also filled cavities for several children and completed all necessary treatments on the spot. Devika did not allow her teeth to be cleaned, but she can be taken for treatment later if needed. Dr. Shah kindly promised to continue supporting the home in the future by charging only minimal fees for equipment. The children felt blessed and supported by this help, and the elder children expressed their gratitude to the Manager and Dr. Shah for supporting them on a regular basis.

### **Medical issues**

During the month, many children feel ill due to the monsoon season and viral fever. Younger children Abhay and Abhaya developed skin diseases, while Karan, Karuna, Khusi, Pratima, Soniya, and Bijay suffered from viral fever. All of them were taken to the hospital, provided with proper medical treatment, and later brought for re-check-ups. Additionally, Khusi was diagnosed with a Vitamin D deficiency and was prescribed Vitamin D powder to be taken with water or milk. As medical care is a basic necessity, it was given high priority to ensure the children's health and well-being.

### **Education**

The children were regularly attending classes both in the morning and evening; however, it was observed that some elder children were not obeying the tutors. In particular, Devika, Khusi, and Urmila often skipped tuition classes until the matter was reported to the Manager. In the mornings, due to lack of sufficient time, the children were unable to properly dress in their school uniforms and get ready for school. To address this issue, the class schedule was rescheduled to 7:00–8:30 a.m. for 1.5 hours in the morning and 4:30–6:00 p.m. in the evening.

### **Repair and maintenance**

No maintenance work was carried out during the month.

### **Staff Members**

All the staff members of Duhabi Home worked continuously throughout the month without taking holidays in order to serve the children. They were instructed to take leave only during the daytime when the children were not at home and to return to work before 4:00 p.m. In case of urgency, one staff member's duties could be temporarily handled by another. The Manager also ensured that both the children and staff remained safe and had access to all the necessary facilities and supplies at the home.



The children enthusiastically participated in the Glass Pass Game, an engaging activity designed to promote teamwork, focus, and coordination. In this game, the children stood in a circle, each balancing a glass on a pencil held in their mouth, and carefully passed it to the next participant. Anyone who dropped the glass was out of the game, which added excitement and challenge. The activity created a lively and joyful environment where the children not only had fun but also developed important social and cognitive skills such as concentration, coordination, collaboration, and mutual support. This interactive experience highlighted the importance of learning through play, helping the children grow while enjoying themselves.

### **Challenges**

Few children are still struggling with their academic performance despite attending tuition classes at the home. They require additional support and extra classes to help them improve their studies and achieve better results.

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