

Independent Supervision & Counseling Report

February, 2026

1. Basic Information

Location: Duhabi Children Home, Sunsari	Report To: Henk Hooghuis
Reporting Period: February, 2026	
Date of Supervision: February, 2026	
Supervisor/Counselor: Independent Supervisor & Counselor	Report Date: 09/03/2026

2. Purpose of Supervision

The purpose of the supervision and monitoring visit was to assess children's overall well-being, review care practices, and provide counseling support. The visit focused on food quality, the regularity of school, child protection risks, and the general environment of the Duhabi children's home.

3. Key Areas of Monitoring and Supervision

a. Living Environment & Care

- The children's home environment was observed to be generally safe and supportive.
- Staff members were actively engaged in daily supervision and care of the children.
- Basic facilities such as sleeping arrangements, hygiene, and cleanliness were maintained.

b. Food Quality & Nutrition

- Meals were prepared regularly and served on time.
- Food quality was generally adequate and nutritious.
- Kitchen hygiene practices were observed, and basic sanitation standards were maintained.

c. Education Regularity

- Children are regularly attending school.
- Caregivers are monitoring attendance and encouraging children's participation in learning.
- Additional academic support is occasionally provided for children who require extra help.

d. Counseling & Psychosocial Support

- Individual and group counseling sessions were conducted during the visit.
- Counseling focused on emotional well-being, communication skills, and confidence building.
- Children participated actively and showed positive responses during discussions.

4. Overview of Children

Category	Details
Total Children	16
Boys	7
Girls	9
Age Range	4–16 years
Children with Special Needs	1

Children with Special Needs: Pratima is a physically healthy child who faces challenges in learning and development. She requires additional care and support to aid her growth. Her reading and comprehension skills are below the typical level for her age, and with tailored guidance, she can make steady progress.

5. Counseling Sessions

Aspect	Details
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Type of Counseling	Group and individual counseling
Number of Sessions	2 group sessions, 4 individual sessions
Key Focus Areas	Emotional well-being, behavior management, and regular school attendance
Participation Level	High
Key Observations	Children actively shared feelings and concerns in a safe environment
Outcomes	Children showed improved emotional expression, better coping skills, and increased engagement in school and daily routines.

Observation & Intervention:

The consultation with Urmila, Devika, Ram, and Laxman focused on positive habits, school regularity, and focusing on studies. Urmila and Devika were not attending school regularly. Ram and Laxman's minor practical mistakes were pointed out, and the children were encouraged to maintain cleanliness and focus on studies.

Achievement:

Counseling activities included two group sessions and four individual sessions focusing on emotional well-being, behavior management, and school attendance. Children actively shared their feelings in a supportive environment, showing improved emotional expression and coping skills. Consultations with Urmila, Devika, Ram, and Laxman emphasized positive habits, school regularity, cleanliness, and study focus, encouraging better discipline and engagement in education.

6. Child Development Activities

Activity	Purpose	Participation	Observation
Educational Support	Improve learning outcomes	Regular	Children showed improved focus and engagement in their studies
Cyber Bullying Awareness	To raise awareness about safe internet use and prevent online bullying.	Good	Children demonstrated increased awareness about online safety and respectful digital behavior.
Sports & Games	To promote physical fitness, teamwork, and recreational engagement.	High	Children showed enthusiasm, teamwork, and positive social interaction.
Quiz preparation and competition	To encourage learning, knowledge sharing, and confidence building.	High	The activity promoted healthy competition and increased learning motivation.
Picnic	To provide recreational opportunities and strengthen social bonding among children.	High	Children enjoyed the activity and showed positive interaction and happiness.
Meeting with the representative of the donor organization	To share program updates and strengthen collaboration with the donor.	High	The meeting was positive and supportive, encouraging children and staff.

Achievement:

- Improved children's learning focus and study engagement through regular educational support.
- Increased awareness of safe internet use and prevention of cyberbullying.
- Strengthening physical fitness, teamwork, and social interaction through sports and games.

- Enhanced knowledge, confidence, and motivation through quiz preparation and competition.
- Promoted happiness, recreation, and social bonding through the picnic activity.
- Strengthened collaboration and encouragement through a positive meeting with the donor representative.

7. Key Achievements

- Children actively participated in educational, recreational, and counseling activities.
- Improved emotional expression, coping skills, and school engagement were observed.
- Positive social interaction and teamwork were noted during sports, games, and group activities.
- Strong collaboration and communication with the donor representative strengthened support for children.

8. Challenges

- Some children require extra academic support and guidance for daily routines.
- Maintaining consistent supervision in certain areas, such as outdoor spaces, remains a concern.
- Limited resources for enhancing learning and recreational activities occasionally affect program delivery

9. Risk Observation

- The kitchen was found open and accessible, which may create safety risks for children if not properly supervised.
- The presence of a nearby pond poses a potential safety hazard, especially if children are unsupervised around the area.
- The area around the home has many plants and shrubs, which could hide hazards.

10. Recommendations

- Continue regular monitoring and counseling support to ensure children's emotional well-being and development.
- Strengthen academic support for children who need additional assistance to improve learning outcomes.
- Maintain balanced nutrition and proper kitchen hygiene practices for children's health and safety.
- Ensure continuous supervision and safety measures (kitchen area and pond surroundings) to protect children from potential risks.

11. Key Observations

- Children appeared comfortable and well-adjusted within the home environment.
- Staff demonstrated commitment to providing care and guidance.
- The overall management of daily routines was functioning effectively.

Reported By

Name: Raj Narayan Chaudhary

Designation: Independent Supervisor & Counselor

Date: 09/03/2026