

Independent Supervision & Counseling Report

June, 2026

1. Basic Information

Location: Duhabi Children Home, Sunsari	Report To: Henk Hooghuis
Reporting Period: June, 2026	
Date of Supervision: June, 2026	
Supervisor/Counselor: Independent Supervisor & Counselor	Report Date: 05/07/2026

2. Purpose of Supervision

To assess children's well-being, ensure quality care standards, and review nutrition, education, protection, and living conditions for accountability and improvement.

3. Key Areas of Monitoring and Supervision

- a. **Living Environment & Care:** Assessed cleanliness, safety, and overall child-friendly environment.
- b. **Food Quality & Nutrition:** Reviewed meal quality, hygiene, and nutritional adequacy.
- c. **Education Regularity:** Monitored school regularity, participation, and learning continuity.
- d. **Counseling & Psychosocial Support:** Evaluated emotional well-being and effectiveness of counseling support.
- e. **Safety & Risk Management:** Identified fire risks from mosquito repellents and noted easy child access to the kitchen area, requiring improved supervision.

4. Overview of Children

Category	Details
Total Children	17
Boys	7
Girls	10
Age Range	4–16 years
Children with Special Needs	1

Children with Special Needs: Pratima is a slow learner with intellectual limitations and difficulties in self-care. She requires regular support from caregivers, siblings, and friends for daily activities. She has not yet received formal verification of her condition, and consultation with specialist doctors is recommended to better understand her needs and provide appropriate support. From the supervision perspective, continued individualized care, close monitoring, and consistent guidance are recommended to promote her well-being, learning, and overall development.

5. Counseling Sessions

Aspect	Details
Type of Counseling	Group and individual counseling
Number of Sessions	2 Group sessions, 3 girls and 4 Boys individual sessions
Key Focus Areas	School regularity, Behavior improvement, problem-solving, hygiene, discipline, respect
Participation Level	Active participation in both individual and group sessions
Key Observations	Better behavior, improved routines, increased awareness
Outcomes	Positive behavioral change, improved self-care, and discipline habits established

Observation & Intervention:

It was observed that **Ram, Laxman, Bijay, and Yubraj** had been leaving the children's home at night without

permission, raising concerns about their safety and compliance with home rules. In addition, **Urmila, Devika, and Khushi** demonstrated irregular school attendance. Individual counseling was provided to these children, emphasizing personal safety, adherence to home rules, regular school attendance, responsibility, and positive behavior. Caregivers were advised to maintain close supervision and provide consistent follow-up to support sustainable behavioral improvement.

Achievement:

The children showed improved awareness of home rules, personal safety, and the importance of regular school attendance, with caregivers committed to ongoing supervision and follow-up support.

6. Supervision Schedule Overview

Date	Activity	Remarks
06/06/2026	Discussion with mother about Child well-being monitoring	Child's overall well-being reviewed; caregiver encouraged for continued attention and support.
07/06/2026	Home environment observation: meals, nutrition, hygiene	Food quality, hygiene practices, and living conditions assessed; areas for improvement noted.
13/06/2026	Discussion with mother about children's school regularity	School attendance patterns discussed; emphasis given on consistent education follow-up.
14/06/2026	Discussion on behavior issues, conflict management, and staff response	Behavioral challenges reviewed; guidance provided on positive discipline and conflict resolution.
20/06/2026	Safety and protection check	Safety risks identified and preventive measures discussed with caregivers.
21/06/2026	Conduct a session with HM and Children about unlearning	Conducted an awareness session focusing on unlearning negative behaviors and promoting positive habits.
27/06/2026	Life skills session: unlearning	Children engaged in life skills training focusing on discipline, hygiene, and responsibility.
28/06/2026	Progress review and feedback	Monthly progress evaluated and recommendations shared for continued improvement.

Achievement:

- Improved caregiver engagement in child well-being monitoring.
- Increased awareness of nutrition, hygiene, and living conditions.
- Better follow-up on children's school attendance.
- Improved understanding of behavior management and discipline.
- Enhanced awareness of child protection and safety measures and unlearning habits.
- Positive progress in children's daily routine, hygiene, and life skills development.

7. Key Achievements

- Improved caregiver engagement in child well-being and daily care monitoring
- Increased awareness of hygiene, nutrition, and living conditions among caregivers and children
- Better follow-up and awareness on school attendance and education regularity
- Positive behavioral improvement through counseling and life skills sessions
- Strengthened understanding of discipline, responsibility, and daily routine adherence

8. Challenges

- Irregular school attendance among a few children
- Behavioral issues including night-time leaving without permission
- Inconsistent hygiene and daily routine adherence in some cases
- Need for stronger supervision and structured routine enforcement

9. Risk Observation

- Safety risk due to children leaving the home at night without permission
- Fire safety risk identified due to mosquito repellents
- Easy access to kitchen area poses potential safety concerns
- Inconsistent supervision increasing vulnerability of children
- Possible exposure to surrounding snake risk near the premises

10. Recommendations

- Improve round-the-clock supervision and monitoring within the home.
- Ensure strict safety measures, especially regarding night-time movement
- Improve school attendance tracking and follow-up with caregivers
- Enhance structured daily routines for hygiene and discipline

11. Key Observations

- Mixed discipline and compliance with home rules among children
- Irregular school attendance observed in some children
- Positive behavioral improvement noted after counseling sessions
- Active caregiver involvement in supervision and follow-up activities

Name: Raj Narayan Chaudhary

Designation: Independent Supervisor & Counselor

Date: 05/07/2026