



Stichting Shide Children Home Dharan

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Beste donateur/ belangstellende

Hierbij een overzicht en uitwerking van de plannen voor ons weeshuis voor dit jaar.

U krijgt een beeld van de activiteiten en structuur die we kunnen bieden met uw steun, zoals dansles, computerles, tekenen. Naast de dagelijkse huiswerkbegeleiding worden de kinderen begeleid door counselor Raj Chaudhary. De lokale steun is stabiel, ongeveer 20 % van de totale kosten waaronder ook bv bouwmaterialen.

We willen deze keer een extra beroep op u doen om de renovatie van de speeltuin bij het kinderkuis mogelijk te maken. Deze is in 2006 aangelegd door Jip Nelissen .Tijdens mijn bezoek heeft Marie Therese uit Lelystad een tekenworkshop kunnen geven aan de kinderen. Zij is kunstenaar en tekenlerares. De kinderen vonden het erg leuk !

Namens het bestuur wens ik u een vrolijk Pasen!

Henk Hooghuis

The project – An Overview

- ▶ Duhabi Children Home (DCH) was established in 2004 with the support of Stichting Shide Children Home Netherlands (SSCHD).
- ▶ It operates as a residential care facility for orphaned children.
- ▶ Approximately 20% of the operational expenses are supported through local donations. Most of them are in-kind like (rice, vegetable oil, puffed rice etc.)
- ▶ Stichting Shide Children Home & partner organization Shide Children Home Nepal is responsible for the financial management and monitoring of the project.
- ▶ The home supports children by ensuring access to education, healthcare, and overall personal development.
- ▶ Care, protection, and guidance are provided in a family-like environment by home mothers, manager, counsellor and tuition.
- ▶ The facility has the capacity to support up to max 20 children.
- ▶ We intend to provide a supportive family environment with the help of our donors for children without parents.

Our Aim

Our aim is to ensure that every child has equal opportunities, regardless of caste, gender or religion, by meeting their physical, emotional, and educational needs. We strive to support their overall development, help them overcome challenges, and guide them toward a confident and independent future. We are equally committed to providing the same opportunities for both boys and girls.



Project Details		
Project Name	Duhabi Children Home	
Address	Nepal Koshi Province Sunsari Duhabi 05	
Registration number	DAO 3287	SWC
Email address	dchildrenhome@gmail.com	
Contact Person	Ash Kumar Mandal (Manager)	
Total Staff members	7	Full time
		Part time
Total Children	16	Boys
		Girls
Children nature	Orphan and Semi Orphan	
Organization Property	Land and Building, Office equipment, Furniture Motor bike etc.	

❖ An orphan is defined by UNICEF as: any child under the age of 18 who has lost one or both parents.

Activities / Routine of Children Daily Life

Time	Schedule Work	Time	Saturday/Holiday Schedule Work
5:30 - 6:00 AM	Wake Up	5:30 – 10:00	Morning routine (hygiene, breakfast, prayer, light activities)
6:00 - 7:00	Personal hygiene (brushing, washing, bathing)	10:00-12:00	Cleaning house premises, washing school dresses, school bags, and clothes
7:00 - 7:30	Wash hands before/after eating; Breakfast; Bring dishes to sink, load dishwasher	12:00 – 2:00	Take rest/extra activities
7:30 - 8:45	Morning tuition class	2:00 – 3:00	Quiz, drawing, extracurricular and awareness sessions
8:45 - 9:00	Get dressed for school	3:00 – 3:30	Breakfast
9:00 - 9:45	Lunch	3:30 – 5:30	Cleaning the backyard, front yard of the house premises, and gardening
9:45 - 10:00	Leave for school	5:30 – 7:00	Outdoor Playing
10:00 - 4:00PM	School hours	7:00 – 8:30	Evening routine (study, dinner, hygiene, rest)
4:00 - 4:30	Return home, freshen up, snacks		
4:45 - 6:00	Evening tuition class		
6:00 - 7:00	Play outside		
7:00 - 7:30	Dinner and Clean Up		
7:45 - 8:30	TV / recreational time		
8:30 after	Bed time / Sleep		

Children at Duhabi Children Home follow a structured daily routine including hygiene, school attendance, and regular study support. They actively engage in recreational and extra-curricular activities that promote creativity and social skills. Counseling sessions and awareness activities support their emotional well-being and positive behavior. The day concludes with proper care, nutrition, and rest, ensuring a safe and nurturing environment.

Celebration at home

Birthdays of all children are celebrated to create a family-like environment in the home.



Staff Members

Duhabi Children Home currently operates with a team of three full-time and three part-time staff members. The full-time team includes the Office Manager, Mr. Ash Kumar Mandal, a Home Mother, and a newly appointed Kitchen Mother. Among the staff, two members serve in professional roles: The Manager, who is responsible for administrative and managerial functions, and the Counsellor, Mr. Raj, who provides counselling and psychosocial support to the children. In addition, qualified morning tutors offer educational support to the children at home. At present, the home is facing a staffing gap, as the position of a security guard remains vacant and recruitment is ongoing

New Staff Members

Mrs. Anita Devi Goswami has been appointed as the Kitchen Mother from 1st February 2026. She is a permanent resident of Duhabi.

In her role, she is responsible for supporting the daily kitchen operations, including meal preparation and maintaining cleanliness and hygiene standards to ensure the well-being of the children. As she has children, she is committed to balancing her personal responsibilities while dedicating her full time and attention to her duties at the children home. She remains present throughout the day to support the children and staff and returns to her residence in the evening. Her commitment and availability are expected to contribute positively to the overall care and nurturing environment of the home.

During the visit of Henk Hooghuis chairman of SSCHN, staff and board meetings, along with other key activities, were conducted. He met with Manager Aashu Kumar Mandal and the counsellor to discuss organizational and child welfare matters and provided practical formats to improve activities with the children. These tools will strengthen documentation and support a more organized and professional approach.

An open discussion was also held with the board members, including the Chairperson, Treasurer, Secretary, and others. During the meeting, the Chairman asked about their roles and backgrounds, and the members introduced themselves and expressed their commitment to child welfare. The board members also confirmed and accepted the role of Raj Chaudhary as Supervisor for the Stichting.

Achievement of Duhabi Home in 2026 (Jan–Mar)

- ▶ Two desktop computers and one television were purchased for the children use.
- ▶ Veranda was constructed with the support of the ward municipal office where children can play and celebrate.

Two Desktop Computer & Television for entertainment

Two desktop computers and one television were purchased for the children, as these facilities were not previously available. These additions have supported both learning and recreation. We sincerely thank the sponsors and donors from the Netherlands for their generous support in providing these essential resources.

Computer classes have also been introduced twice a week, conducted by the evening tuition teacher who has an IT background. These classes take place on Friday and Saturday, when regular tuition is not scheduled. To ensure effective participation, the children are divided into two groups: while one group attends dance class, the other joins the computer class, and they rotate accordingly. This system helps make productive and balanced use of their time.

For responsible use of the television, access is limited to educational and informative channels such as Discovery, National Geographic, news channels, and selected Nepali educational programs. The home mother supervises and guides the children to follow an appropriate viewing schedule.

Provision of Computers and Television: -

S. No	Routine	Time	Remarks
1	Computer Class	4:00 PM – 5:30 PM	Friday
2	Computer Class	11:00 AM – 12:30 PM	Saturday
3	Television	7:45-8:30 PM	Every day in the supervision of Home mother

Entertainment

Dance classes have been reintroduced after many years and are now held twice a week, on Friday and Saturday, under the guidance of Mr. Bibek a professional dancer. The children actively participate in these sessions, which not only make good use of their time but also contribute to their physical fitness and well-being.



In addition, a volunteer activity was conducted by Marie Therese from Lelystad NL, who organized a drawing session where children were encouraged to draw each other's portraits. The children showed strong focus and enthusiasm throughout the activity, including those who are usually more active and less attentive. They were encouraged by her presence and benefited from her practical suggestions and simple techniques. Following the session, the children's artwork was displayed in the living room. Based on this positive experience, there are plans to organize regular drawing sessions to further support creativity and improve concentration.

According to the visit of Marie Therese, the children were highly focused during the session, including those who are usually restless and overactive. After the workshop, their drawings were displayed in the living room. We plan to organize drawing classes on a regular basis to further support the children's creativity and concentration skills.



Repair & Maintenance

Several repair and renovation works were carried out to improve the living environment of the home. Dining tables, benches, bathroom and toilet doors, and window nets were repaired. The shoe racks were repainted, and an additional rack was constructed to meet the children's needs. The children's cupboards were also repaired and repainted to enhance their condition and usability.

The study room was upgraded to create a more comfortable and suitable space for learning. Carpets were replaced, large desk benches were changed to smaller sitting desks, and the room was repainted in a lighter color to provide a brighter and more welcoming environment for study.



A one-day picnic was organized for the children at Barju Taal, with the participation of Mr. Henk Hooghuis, Chairman of SSCHN, along with board members and staff. The children enjoyed various recreational activities such as boating, cricket, pot breaking, and dancing, as well as playing in the park. The event provided a joyful and memorable experience, complemented by nutritious food, and was thoroughly enjoyed by all.



The physical growth and overall health of the children were regularly monitored and assessed. All children participated fully in the health check process, and their growth was tracked in a systematic manner. The overall health status of the children was found to be stable.

*Counsellor Raj Chaudhary is measuring the children.

Annual Plan for 2026

Through the joint effort of the members, the board of directors, supervisory committee and the manager, the annual budget and the plan was prepared. We have outlined our 2026 annual plan. We are looking for donors to be able to support the children and run the children home.

The highlights of the budget are as follows.

- ❖ Every year, the children require two sets of school uniforms and two pairs of school shoes, as schools provide two colors and designs for daily wear. Additionally, they need two pairs of black and white shoes, along with a school tie and belt.

Particulars	In Nrs For 2 pairs/Set	In Nrs For 32 pairs/Set	In Euro For 2 pairs/Set	In Euro For 32 Pairs/Set
School Dress	3125	50,000	€20	€320
School Shoes	781	25,000	€5	€160

- ❖ Every year, the children require new books and copies as they progress to higher classes, costing approximately €23 rupees per child. With 16 children in the Home, the total cost for purchasing the required books amounts to €358. In addition, a separate budget needs to be allocated for other stationery materials such as notebooks, pens, and pencils to meet the educational needs of all the children.
- ❖ Child Rights and Child Protection Awareness is essential to ensure children's safety, prevent abuse and exploitation, and help them understand their rights so they can seek support and protection when needed.

Expenses of Duhabi Home from January to March 2026

S. No	Regular Expenses Description	Amount	In Euro (170)
(1)	Food & Nutrition	1,07,209	€631
(2)	Education	1,450	€9
(3)	Repair and Maintenance	500	€2
(4)	Medical	7,292	€42
(5)	Toiletries and Hygiene	15,951	€93
(6)	Drinking Water	6,500	€39
(7)	Electric Bill	7,300	€42
(8)	Gas refill	7,640	€45
(9)	Clothing	850	€5
(10)	Travelling for children	1780	€10
(11)	Office Stationery	830	€4
(12)	Fuel and maintenance of Motorbike	4000	€23

(13)	Activity Celebration	11230	€66
(14)	Internet for OM	3000	€18
(15)	Garden Maintenance	4000	€23
(16)	Height and Weight machine	5000	€29
(17)	School Expenses of Children	4670	€27
(18)	Birthday Celebration	2700	€16
(19)	Pocket Money for Children	3000	€17
A	Total of A	194902	€1141
Salary Description			
S. No	Salary Description	Amount	In Euro
(1)	Office Manager	60,000	€352
(2)	Home Mother & Kitchen Mother	64,992	€382
(3)	Tutors	23,180	€136
(4)	Dance & Computer Teacher	6,000	€35
(5)	Counselor	32,496	€191
B	Total of B	186,668	€1096
Project Expenses Description			
S. No	Project Expenses Description	Amount	In Euro
(1)	Desktop Computer	39,890	€235
(2)	Television for Children & Camera 2 pcs	32,000	€189
(3)	Repair and Maintenance of Main gate	15,800	€93
C	Total of C	87690	€517
D	Grand Total A+B+C	469,260	€2754

Annual plan for 2026

Through the joint effort of the members, the board of directors, supervisory committee and the manager, the annual budget and plan were prepared. We have outlined our 2026 annual plan. We are looking for donors to support children and run the organization.

Proposed Annual Budget and Plan of 2026 – Monthly Regular Expenses		
S. No	Description	Proposed Budget for 1 year
(1)	Food and Nutrition	5,82,972
(2)	Education	69,540
(3)	Repair and Maintenance	30,000
(4)	Medical	42,000
(5)	Toiletries and Hygienic items	72,000
(6)	Drinking Water Bill	42,000
(7)	Electric Bill	42,000
(8)	Cooking Gas Refill	48,000
(9)	Clothing (Shocks, handkerchief)	36,000
(10)	Travelling for Office	12,000
(11)	Prizes to high performer Children Program	24,000
(12)	Office Stationery	24,000
(13)	Fuel and maintenance of Motorbike	30,000
(14)	Communication/Mobile internet for OM	12,000
(15)	Activities/Celebration	50,000
(16)	Books & Stationery for Children	60,000
(17)	Audit/ Renewal of Organization	25,000
(18)	Pocket money for children	18,000
(19)	Other Miscellaneous	50,000
	Total of A	1,269,512
(B) Proposed Salary for 2026		
S. No	Description	Amount
(1)	Office Manager	364,000
(2)	Home mother and Kitchen Mother	422,448
(3)	Tutor for morning & evening class	139,080
(4)	Handyman/Guard	211,244
(5)	Dance and Computer teacher	84,000
(6)	Counsellor	211,224
	Total of B	1,431,996

Project Expenses – (1) Clothes and Shoes for Children

(a)	School Dress 2 pairs	50,000
(b)	School Shoes both black and white	30,000
(c)	Clothes for Children	60,000
(d)	Summer Clothes for Children	30,000
(e)	Winter Clothes for Children (Warm jackets, trousers etc.)	30,000
(f)	School Bags	25,000
(g)	Shoes	30,000

(2) Trainings and Orientation

(a)	Child Rights & Child Protection Awareness	11,000
(b)	Health, Well-being & Hygiene Awareness	15,000
(c)	Vocational and Skill-Based Activities	12,000
(d)	Day Celebrations (Children's Day, Environment Day, etc.)	20,000
(e)	MHPSS Awareness Safety and Safety & Disaster Preparedness activities	5,000
(f)	Photos print and framing	12,000

(3) Celebration

(a)	Birthday Celebration of Children	20,000
(b)	Christmas Celebration	20,000
(4)	Umbrella and Raincoat	15,000
(5)	Health Insurance premium of Children and Staff members	25,000
(6)	Field Visit Expenses	50,000
(7)	Annual Picnic	50,000
(8)	Main Gate maintenance and Coloring	15,000
(9)	Total of C	5,25,000
(D)	Total A+B+C	3,226,508

The proposed budget of 2026 Direct expenses is raised by 4% as the inflation rate of Nepal.

The average cost of per child is approx. €110 per month.

Additional budget needed for the playground: -

Indoor Play Materials			Maintenance & Renovation Works			Playground Development		
Category	Cost (NPR)	Cost (€)	Item	Cost (NPR)	Cost (€)	Item	Cost (NPR)	Cost (€)
Preschool materials	10,000	58	Toilet & bathroom doors	32,000	186	Playground equipment & structures	293,000	1,702
Early school materials	10,000	58	Plumbing & fixtures	40,000	232	Safety & decoration materials	150,000	871
Older children materials	10,000	58	Classroom maintenance	42,000	244	Subtotal	443,000	2,573
Subtotal	30,000	174	House interior painting	150,000	871			
			Electrical & miscellaneous	30,000	174			
			Subtotal	294,000	1,707			

Maintenance & Renovation Works	
Item	Cost (NPR)
Toilet & bathroom doors	32,000
Plumbing & fixtures	40,000
Classroom maintenance	42,000
House interior painting	150,000
Electrical & miscellaneous	30,000
Subtotal	294,000

Indoor Play Materials	
Category	Cost (NPR)
Preschool materials	10,000
Early school materials	10,000
Older children materials	10,000
Subtotal	30,000

Playground Development	
Item	Cost (NPR)
Playground equipment & structures	293,000
Safety & decoration materials	150,000
Subtotal	443,000

The playground that was constructed in 2006 by Jip Nelissen needs to be renovated to facilitate them to play near the home as they can be seen by the staff members.

This project will benefit 16 children aged 3-18 years by creating a safe and stimulating environment. The total estimated cost is approximately €3,775 (NPR 650,000) for the playground to make it sustainable and safe.

Children Performance at School

Khusi, a 12-year-old and one of our most talented girls, was unable to continue her studies at her previous school as it did not have a license to run higher classes. Therefore, Duhabi Home arranged her admission to Mahendra Memorial Academy, where she is now continuing her education. She has also joined the Nepal Scouts troop at the school, where she is gaining valuable training, knowledge, and life skills, with her education being supported and sponsored by the academy.

Pic: - Khusi in Scout Dress.



Regular health checkup

As part of the home's regular care services, a routine health checkup was also conducted for the children at the Duhabi children home. The checkup helped monitor their general health condition and reinforce hygiene and healthy living practices.

With the continued support of donors, the children remain healthy, safe, and supported, ensuring their well-being and positive development.

Case File Examples of Two Children Residing in the Home

1. Child Name: Soniya

Age: 4 years Education: Nursery Grade

Background:

Soniya is a young child residing at Duhabi Children Home and is currently studying in nursery grade.

Behavior and Interests:

She is friendly and playful, and she enjoys playing with her friends and participating in different recreational activities organized at home.

Progress:

Soniya is gradually improving her communication and social interaction skills through daily learning activities and peer engagement. She shows positive participation in both play and classroom environments.

Support Needs:

Ongoing educational support, encouragement, and a nurturing environment will continue to support her healthy emotional and developmental growth.

2. Child Name: Abhaya

Age: 4 years Education: Nursery Grade

Background:

Abhaya is currently living at Duhabi Children Home and is enrolled in nursery grade for early childhood education.

Behavior and Interests:

She is a cheerful and active child who enjoys playing with toys and engaging in group play with other children. She interacts well with her peers and shows curiosity during learning and recreational activities.

Progress:

Abhaya is gradually developing her social and communication skills through classroom participation and play-based learning. She adapts well to the daily routine of the home and school environment.

Support Needs:

Continued early childhood education support, emotional care, and regular monitoring will help strengthen her learning ability and overall development.

Counsellor at Home



We are pleased to share encouraging progress in supporting the children's well-being and development. Individual and group counseling sessions continued regularly, providing children with a safe space to express their feelings, build confidence, and receive guidance for personal and social challenges. These sessions have helped improve communication, emotional stability, and peer relationships among the children. Some examples of subjects in the counseling sessions: Emotional & Personal Development, Behavioral Guidance, Social Skills, Educational Support, Protection & Safety Awareness, Health & Hygiene, Life Skills Development and Recreational & Therapeutic Activities.

Maintenance

The repair of the main gate and surrounding fence has been successfully completed. The work was necessary due to extensive rusting and the severely deteriorated condition of both structures. Previously, the main gate had undergone repairs following the failure of a rusted hinge, the damaged sections of the fence were also restored. Notably, the fence opens toward the park, which posed a significant security risk by allowing potential unauthorized access from the park into the premises. The completed repairs have addressed these concerns and improved overall safety and security. To ensure long-term durability and a high-quality finish, both the gate and fence will be coated with one layer of primer followed by two coats of enamel paint.



Local Donation: -

From January 2026 to March 15, the home received several local donations, mostly in kind including rice, vegetable oil, fruits and other food items.



INFORMATION

On the website: www.kinderhuisnepal.nl a monthly report is published.

COLOPHON

Supervisory Committee:

Raj Chaudhary (Counsellor supervisor)
Kishan Agrawal

DCH Committee:

Udhav Poudel (Chairman)
Ramesh Babu Thapa (Secretary)

Stichting:

Henk Hooghuis, chairman
Clemens Deen technisch adviseur
Egor Belyoski, treasurer
Hans Sleeboom Webmaster editor